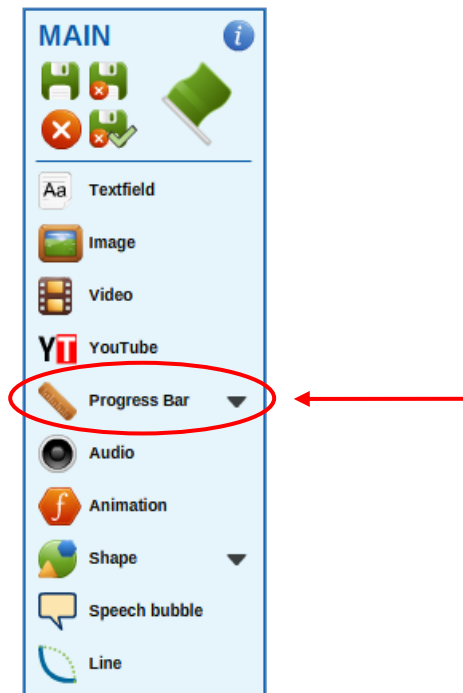# Adding a Progress Bar

Progress bars allow the learners of a course to have an indication of the timeline of the screen. They also allow users to skip, rewind or pause any actions taking place on screen. It is recommended that progress bars are only added to screens that have media in them, such as Audio or Video.

To insert a progress bar in to a learning page:

1) Click on the **Progress Bar** button available in your toolbox:

You will see a sub-menu with the 3 different styles of progress bar available. Click on the option you prefer, to have the progress bar appear on screen:

Note: The difference between the different types of progress bars is purely visual, so the functionality available will be the same independently of the choice you make.